



Har El This Week

Congregation Har El / North Shore Jewish Community Centre

Rabbi Shmuel Birnham
President: Gurval Caer

Cantor Teron Shalom Cohen
Executive Director: Rebecca Rosenberg

Building a Stronger Community, Together

22 – 28 April 2011
18 – 24 Nisan 5771

THIS WEEK'S HAR EL SERVICES

Friday, 18 Nisan 5771
Friday Evening Services
Friday Candle Lighting

22 April 2011
7:00 p.m.
7:57 p.m.

Shabbat 19 Nisan 5771
Morning Services
Torah Reading (*Pesach V*)
Maftir
Haftarah (*Idit Barzilay*)

23 April 2011
9:30 a.m.
Exodus 33:12–34:26
Numbers 28:19–25
Ezekiel 37:1–14 (*Shabbat Pesach*)



The office will be closed Monday & Tuesday, April 25 & 26.

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This Week @ Har El

Please note: Events in HETW are listed chronologically.

Thank you to our Shabbat Kiddush sponsor, **Stephen Bronstein** in honour of **Li Liu's** birthday.

Please join us for the **Pesach Yizkor Service** 9:30 a.m. Monday, April 25. A light Kiddush will be served after the service sponsored by members of the Ritual Committee.



Take Note

“Preparing for a Har El group visit to Bard on the Beach”

The Arts & Education Committee will be organizing an evening in June to visit Bard on the Beach. There will be a dinner at the shul, followed by group travel to Bard. The evening will conclude with a group return to the shul. If you are interested please reply to irvn@shaw.ca by Friday, April 22.



Click on the picture for more information on the **SFU Bard on the Beach Lecture Series**.

USY/Kadima Fundraiser Come and support our Youth!

Necklaces, bracelets, earrings, brooches... pendants

Just in time for Mother's day — Stella & Dot Trunk Show

April 29 , 9.30-11.30 a.m. (complimentary coffee & tea) or 4.30 to 6 p.m.

30% of the proceeds go to USY

Preview or Shop in advance:

www.stelladot.com/jillianhunter

Please email Cecile Caer at

cecile.caer@me.com for location

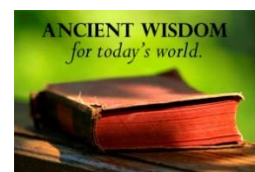


Every Week @ Har El



Israeli dance! Mondays at 6:00 p.m. Please confirm dates with Naomi. Naomi can be contacted at naomidance@shaw.ca. **Israeli dance is cancelled Monday, April 18 and 25 as well as Monday, May 2 and 9. There will be dancing Thursday, April 21.**

Rabbi's Study Group. Every Wednesday at 11:00 a.m. to noon. Make learning a part of your week. Come see what's up for discussion this week. Mostly seniors, but everyone is welcome!



Todah Rabah

תודה רבה
Thank You

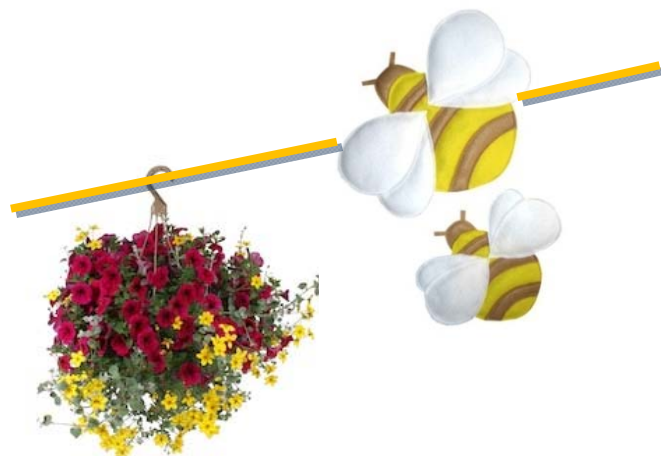
Thank you to last week's Shabbat Kiddush sponsors, **Mannie & Armelle Druker** in honour of the 50th Anniversary of Mannie's Bar Mitzvah.

North Shore Hebrew School News

Doreen Rozen — Executive Director / Principal
nshs@shaw.ca 604.922.8237

What's the **Buzzzzz** at the NSHS?

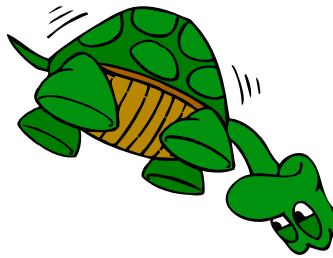
Click [here](#) or on the flowers to check out the Grade 4 Fundraiser: Flowers for Mother's Day!



Tuesday, May 3
Sunday, May 8

Yom HasShoah Program Grades 5,
Yom HaZikaron & Yom HaAtzmaut Celebration
Parents are invited to join us at 11 a.m. — Tasty Falafel Snack
Israeli Dancing with our teacher Emily Glass & a sing-along with Cantor Cohen

HEY, Har El Youth!



Upcoming Events & Activities

- **Atid/Kadima Hike to Quarry Rock** in Deep Cove. FREE and includes ice cream after. Noon-3 p.m., May 1 (pick up at Har El).
- **Save the Date! Youth Fundraising Dinner** May 15 at 6 p.m. Tickets through the Har El office.
- May 20-23: **USY REGIONAL CONVENTION** in Portland, Oregon. Early Bird Rate \$295 (until April 29). Click [here](#) to register; click [here](#) to see the flyer.
- **Year End Party**, May 29, at Michele Smith's home. Details to follow.



Always stay tuned for details and updated information!

Please contact **Michele Smith**,
Youth Chair, for information about
Atid, Kadima or USY (youth@harel.org)

What's Cooking in the Har El Kitchen?



Don't forget to call **Barbara & Dave** (604.725.7052) on these busy spring days when you just don't have the time to cook. Place your orders for your family favourites — savoury or sweet, as a main meal or to enjoy at a Sunday brunch or lunch.

*We love to cook for you! **Manna of Taste**... A Kosher Meal for one,
or for a whole family, is just a call away!*

Manna of Taste is now registered for HST and must comply with the requirements. Please be advised that all events will now be subject to HST. The cost is now \$400.

The Har El kitchen is still **STRICTLY** out of bounds to all congregants, due to Pesach, until Tuesday, 26 April.

Barbara & Dave

Yahrzeits

This week's Yahrzeits are:

Jordan Leith	father	Saul Leith	Sunday	24 April	20 Nissan
Larry Schibuk	father	Kalman Schibuk	Tuesday	26 April	22 Nissan
Anne Pepper	grandmother	Sophia Hooper	Thursday	28 April	24 Nissan
Irving Nitkin	father	Ben Nitkin	Friday	29 April	25 Nissan

Aliyot are usually assigned during the Shacharit service on Shabbat morning, unless there is a *simcha*. If you would like an aliya to the Torah to mark a *Yahrzeit* please contact Rick Brown at rjbrn1@telus.net, or leave a message at the office.



Ads & Announcements



Kathy Brett
20 yrs experience
as teacher and
professional tutor

Give Your Child a Head Start

- Lessons tailored to meet individual needs
- Expert tutors in a variety of subjects
- Grades 1 thru 12 and university level
- Building a solid foundation on which to learn



Creekside Tutoring
604.528.0441

A portion (\$30) of fees received from Har El members will be donated to Har El for each regularly-coming student.

Paid Advertisement



The *Har El Star* will soon be without an editor. If you'd like to take over as editor, starting with the July/August issue, please contact Rebecca Rosenberg, 604.925.6488, ext. 3 or ed@harel.org.



At the Food Bank we are constantly trying to provide the right choices of food for our clients. At our last Food Bank we asked everyone there to fill out a survey which listed what they would like to have in the way of food when they come to us. Below is a list of what we really need to focus on collecting from our community.

We so appreciate you helping us to help those in our community who struggle to

provide many of the basics that we sometimes take for granted. Our clients are often telling us that they feel respected and genuinely cared about when they come on their Food Bank day. That bodes well for our amazing volunteers, but to all of you who help us provide much of the food that we distribute to our clients, we say a huge TODAH RABAH.

Wish list for Jewish Food Bank

- | | |
|---------------------|---|
| CANNED VEGETABLES | Peas, corn |
| CANNED SOUP | Mushroom, Lentil, Vegetarian Minestrone, Vegetarian Vegetable, Manischewitz dried soup mixes, Kosher chicken soup |
| JUICES | Orange, Tomato, Cranberry |
| CANNED FISH | Salmon and Tuna |
| BABY ITEMS | Food and Diapers sized 3 & 4 |
| PASTA | Kraft Macaroni & Cheese |
| MISCELLANEOUS ITEMS | Nutella spread, Flour, Almonds, Sunflower Seeds, Paper Towels, Honey, Sugarless Jams, Peanut Butter |

Conservative Yeshiva 2011 Summer Program

- Five levels of Hebrew Ulpan each morning
- Beginning and Advanced Talmud - intensive each morning
- Classes in Rabbinic Texts, Tanach, Tefillah, & Halacha
- A chance to be part of a diverse learning community
- Daily Shoharit and Mincha minyan plus skills workshops



“As an *alumna* of the programme, I personally believe it was one of the most enriching and Jewish educational experiences I have ever had and Har ELians would certainly benefit from the experience as well.”

Andréa Milman

Click [here](#) for more information.

Community Events

Dear Har El Members,

Traditionally, Yom Hazikaron, the Israeli Memorial day, is held the day before Yom Haazmaut and is devoted to the memory of those who gave their lives so the state of Israel can exist today. The local ceremony is designed for local bereaved families who live their pain every day of the year. On this day we come together as a community to recognize their loss and remember their loved ones. Bereaved families participate, as do teens from King David High School, and local musicians and singers. The ceremony is based on the Israeli type memorial ceremony and is not longer than an hour. Following the ceremony there will be tea, coffee and cookies.

The ceremony is organized by the Jewish Federation of Greater Vancouver. The committee and participants are all volunteers. In the past mostly Israelis came, but over time more and more Canadians have attended until eventually, the JCC could not accommodate everyone.

This year, the ceremony is being held at Temple Sholom, the only space where there are blinds. The blinds are required because during the ceremony, Memory candles are lit and at 7:30 p.m. in May, it is still light outside. We are asking you to join the bereaved families on one of the most important nights on their year. Please note that **Cantor Teron Cohen** will be participating in this important event.

If you know of others who would consider attending the ceremony, we encourage you to invite them too. For more information click [here](#).

YOM HAZIKARON יום הזכרון נזכור את כולם

A memorial service for fallen Israeli soldiers and civilians killed in wars and terrorist attacks.

Sunday, May 8, 2011 7:30 p.m.

Temple Sholom | 7190 Oak Street, Vancouver

For more information, please visit
jewishvancouver.com



Celebrate Israel's 63rd Independence Day – Monday, May 9th

Buy Early and Save! Early Bird just \$13.50

Join us on Monday, May 9th to celebrate Yom Ha'atzmaut with Mozaica. Catch Israel's rising stars as they make their Canadian debut in Vancouver. Following in the tradition of the IDF entertainment troupes, Mozaica will have you dancing in the aisles to their musical mosaic of modern Israeli vibes and contemporary interpretations of Israeli classics.

Date: Monday, May 9, 2011

Time: 7:30 p.m.

Location: Centre in Vancouver for Performing Arts

Click [here](#) to purchase tickets.

Israeli Politics: Hawks vs. Doves

Dr. Reuven Hazan

Department of Political Science, Hebrew University of Jerusalem

May 19, 2011 7:30pm

Tickets \$18 (Student assistance available) 604.257.5133

Click [here](#) for more information.

If you have an event you would like advertised in HETW, please call (604.925.6488) or email (office@harel.org) the office by **Wednesday afternoon**. Thank you.

Har El this Week was produced by Gaylyn Young. If you have any comments or suggestions please email Gaylyn at star@harel.org.

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Young Ink!